



Pontiac Christian School

Dear Parent,

Your child is eligible to participate in extra-curricular interscholastic athletic contests. Should your child choose to participate in any extra-curricular sports activities, your child must submit proof of a physical examination, the **IESA Pre-participation Examination** form.

The exact legal description of this requirement in the State of Illinois is listed below:

"No student shall be permitted to compete in a try-out, practice, or game unless such student has filed with the school principal a certificate of physical fitness issued by a licensed physician, physician's assistant, or nurse practitioner as set forth in the Illinois State Statutes not more than one year preceding such tryout, practice, or contest in any athletic activity."

In addition to the **IESA Pre-participation Examination** form, Pontiac Christian School requires that proof of health insurance covering the child be on file in the school office. A **Student Health Insurance Waiver** has been included with this letter.

If you have any questions about these requirements for student athletes, please contact the school office at (815)842-1322.

Sincerely,

Denise Plenert
Principal